



Università
degli Studi
di Ferrara



Unife
inclusiva



AURORA

UNIFERMA LA VIOLENZA

Vademecum with useful information to
protect women's rights against any form
of violence

Credits

Texts “Who to Contact”, “How to Protect Yourself If” and “Other Information” prepared by: Professor Maria Giulia Bernardini, Department of Law, University of Ferrara

Layout and information on the University Anti-Violence Desk and AURORA Project prepared by: Office for the Coordination of Inclusion Policies

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Who To Contact

Police - Questura di Ferrara

- 🔧 Emergency intervention
- ☎ 113 (24 hours a day) | 0532/294311
- 📍 Corso Ercole I d'Este 26, Ferrara

Carabinieri

- 🔧 Emergency intervention
- ☎ 112 (24 hours a day) | 0532/6891
- 📍 Corso della Giovecca, 110, Ferrara

Order of Lawyers of Ferrara, Sportello per il cittadino

- 🔧 Interview, guidance with a lawyer and information
- ☎ 0532/205500 (Tue-Thu, 2:30 PM – 5:00 PM)
- 📍 Via Borgo dei Leoni, 60/62, Ferrara

Centro Donna Giustizia

- 🔧 Information, help, legal and psychological support
- ☎ 0532/247470
- 📍 Via Terranuova, 12/B, Ferrara

Anti violence and stalking service

- 🔧 Information, anonymous support
- ☎ 1522 (24 hours a day)
- 💬 1522.eu (chat)

AURORA University Anti-Violence Desk

The “AURORA” University Anti-Violence Desk is a **free service** dedicated to all **cisgender and transgender women** in the university community: students, faculty members, researchers, administrative and technical staff, and collaborators—or anyone else affiliated with Unife.

The Desk provides a space where one can find **non-judgmental counseling and support** from qualified experts at the **Centro Donna Giustizia**, for any woman who is experiencing or has experienced violence, whether inside or outside the University.

The service guarantees the **highest level of confidentiality and privacy** for anyone accessing the Desk and for their personal experiences, which will be known only to the staff member. The staff member will only submit a semi-annual report to the University containing anonymized data, useful for monitoring the service and assessing the potential need for additional measures to prevent and address gender-based violence within Unife.

Contacting the **Desk does not imply any obligation to report the incidents, either to the authorities or to the relevant University bodies**. The decision to report is entirely personal and will always be respected. If and when desired, the Desk can provide all necessary information for reporting to the competent Authorities and/or to the appropriate Unife offices. Similarly, at any time, in cases of harassment and/or violence experienced within the University, a parallel process with Consigliera di Fiducia can be initiated.

For more information



unife.it/it/ed/aurora/sportello-universitario-antiviolenza

How To Protect Yourself If

YOU ARE BEATEN

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Assault and battery (art. 581 c.p.)
- Grievous bodily harm (art. 582 c.p.)
- Deformation of a person's appearance through permanent facial injuries (art. 583- quinquies c.p.)

TO BE PROTECTED BY THE LAW

File a complaint with the police within three months. In cases of injuries causing an illness lasting more than 40 days, a formal report to the police is sufficient.

MEASURES THAT CAN BE TAKEN

Despite the development of the legal procedure, if the injuries suffered have caused you health problems, you can ask for personal precautionary measures to be taken, in order to prevent from the very beginning, any form of contact between you and your aggressor (restraining order). In case of serious injuries, the aggressor will face preventive custody.

USEFUL ADVICE

Press charges against your aggressor. Produce a detailed medical report, which documents any injuries you may have shown/suffered, by going to the emergency room or any other medical facility. Keep all documents and useful information as evidence.

YOU ARE ABUSED REGULARLY

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Domestic abuse (art. 572 c.p.)
- Corporal punishment (art. 571 c.p.)

TO BE PROTECTED BY THE LAW

Press charges at the police station.

MEASURES THAT CAN BE TAKEN

In case of abuse, all precautionary measures are applied (which prevent you from possibly getting in contact with those abusing you, during the trial and before the aggressor is sentenced).

USEFUL ADVICE

Ask for help at an abuse prevention association and press charges at the police station. Keep all documents and useful information as evidence.

YOU ARE FORCED TO HAVE A SEXUAL INTERCOURSE

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Sexual assault (art. 609-bis c.p.)
- Group sexual assault (art. 609-octies c.p.)

TO BE PROTECTED BY THE LAW

File a complaint with the police within six months from the last act of harassment you experienced. In this case, you are entitled to free legal assistance. In cases of group sexual assault, proceedings are initiated *ex officio* by the authorities.

MEASURES THAT CAN BE TAKEN

All precautionary measures

USEFUL ADVICE

Ask for medical assistance and press charges immediately. Keep all documents and useful information as evidence.

YOU ARE FORCED, EXPLOITED, INDUCED INTO PROSTITUTION

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Aid and abetting prostitution (art. 2, l. 75/1958)
- Child prostitution ((art. 600- bis c.p.)

TO BE PROTECTED BY THE LAW

Press charges at the police station.

MEASURES THAT CAN BE TAKEN

All precautionary measures

USEFUL ADVICE

Immediately go to the police station. Keep all documents and useful information as evidence.

YOU HAVE BEEN TREATED LIKE A SLAVE

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Reduced to or kept in slavery or servitude (art. 600, 601 c.p.)

TO BE PROTECTED BY THE LAW

Press charges at the police station.

MEASURES THAT CAN BE TAKEN

All precautionary measures

USEFUL ADVICE

Immediately go to the police station. Keep all documents and useful information as evidence.

YOU ARE A VICTIM OF REPEATED ABUSE AND/OR HARASSMENT (A.K.A STALKING)

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Harassment (art. 612-bis c.p.)
- Abuse towards family members and cohabitants (art. 572 c.p.)

TO BE PROTECTED BY THE LAW

You can press charges at the police station within and no longer than 6 months after the harassment has stopped or, you can write a detailed petition to the Head of the Local Police to officially ask for the stalker to be warned.

MEASURES THAT CAN BE TAKEN

All precautionary measures, in particular the restraining order, which prevents the stalker from getting near those areas that you and your family regularly visit.

USEFUL ADVICE

Keep all useful information (messages, phone records and any form of persecution etc.) as evidence for the investigation. Never confront your stalker, call the emergency numbers 112/113 if they approaches areas where you live and work. If you are in a public place (street or square, etc.) go into the nearest shop. If in doubt, go to the nearest police station.

ILLEGAL SHARING OF IMAGES OR VIDEOS CONTAINING SEXUALLY EXPLICIT CONTENT

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Illegal sharing of images or videos containing sexually explicit content (art. 612-ter c.p.)

TO BE PROTECTED BY THE LAW

Contact the police. As a general rule, the offense is prosecutable only upon the victim's complaint. However, it is prosecuted automatically if committed against a person in a physically or mentally vulnerable condition, or against a woman who is pregnant.

MEASURES THAT CAN BE TAKEN

Anyone who sends, delivers, shares, publishes, or distributes sexually explicit images or videos intended to remain private, without the express consent of the persons involved, can be punished with imprisonment or a fine. The same applies to anyone who engages in these actions at a later time, spreading material already circulated by others. Penalties are increased in certain circumstances, for example if the offense is committed by a spouse (including separated or divorced), or by someone who is or has been in an intimate relationship with the victim. The penalty consists of imprisonment and a fine.

USEFUL ADVICE

Keep all documents and useful information as evidence.

YOU HAVE BEEN SUBJECTED TO GENITAL MUTILATION

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Female genital mutilation practices (art. 583-bis c.p.)

TO BE PROTECTED BY THE LAW

Press charges at the police station.

MEASURES THAT CAN BE TAKEN

All precautionary measures.

USEFUL ADVICE

Ask for medical assistance and press charges immediately. Keep all documents and useful information as evidence.

YOUR FAMILY MEMBERS AND COHABITANTS ARE VICTIMS OF ABUSE AND/OR PERSECUTORY ACTS

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Persecutory act (art. 612-bis c.p.)
- Abuse towards family members or cohabitants (art. 572 c.p.)

TO BE PROTECTED BY THE LAW

Contact the police.

MEASURES THAT CAN BE TAKEN

Those who commit these offenses can face severe penalties, which may be increased by up to half if minors, pregnant women, or people with disabilities are involved (either as victims or simply present at the time of the offense). The same applies if the offenses are committed using weapons. The court may also impose, even during the investigation, a restraining order preventing the offender from approaching certain places regularly frequented by minors.

USEFUL ADVICE

Keep all documents and useful information as evidence.

PROHIBITION MEASURES OF REMOVAL FROM YOUR FAMILY HOME OR THE PROHIBITION FROM COMING INTO YOUR PROXIMITY ARE VIOLATED

THE CONDUCT MAY CONSTITUTE THE CRIME OF

- Violation of the prohibition measures of removal from your family home and of the prohibition from getting near the areas visited by the victim (Art. 387-bis c.p.)

TO BE PROTECTED BY THE LAW

Contact the police.

MEASURES THAT CAN BE TAKEN

Who violates the obligations or prohibitions established by the precautionary measure ordered by the judge can be arrested and punished with imprisonment from six months up to three years

USEFUL ADVICE

Keep all documents and useful information as evidence.

Other Useful Information

- If you are a woman who has experienced violence, under Article 2 of D.L. 93/2013, you are entitled to free legal assistance regardless of your income.
- If you are a worker, in either the public or private sector, you can request to participate in a protection program certified by the social services in your municipality of residence. You are entitled to a leave of absence (or suspension of your work contract, in the case of coordinated and continuous collaborations) of up to three months to take part in the program. During this period, you are entitled to receive an allowance and may request, whenever possible, that your employer convert your employment from full-time to part-time, to allow continuous participation (Article 24, Legislative Decree No. 80/2015).
- If you are a public-sector employee enrolled in one of these protection programs, you may also request a transfer to a different office by submitting an application to another public administration located in a municipality other than your place of residence, while notifying your current administration. If the indicated administration has vacancies corresponding to your professional qualification, your administration must process your transfer within fifteen days (Article 30, paragraph 1-ter, Legislative Decree No. 165/2001).
- Under Law 134/2021 (the Cartabia Law), protection for victims of domestic and gender-based violence is also extended to those who have experienced attempted violence of this type.

AURORA Project

The **AURORA Project** is an initiative by Unife Inclusiva aimed at preventing **gender-based violence** and raising awareness about **equal opportunities**, both within and beyond the University. The project is funded through resources allocated to the University of Ferrara under **Ministerial Decree No. 1170 of August 7, 2024**.

AURORA includes the establishment of a **university anti-violence help desk**, designed as a free and confidential space where women can access **support, guidance, and information from qualified experts** in cases of violence, whether occurring inside or outside the University.

In addition, recognizing that education and training are essential for preventing and addressing all forms of gender-based discrimination and violence, the project features a series of **activities**—interdisciplinary and intersectional—aimed at enhancing knowledge on equal opportunities, gender, and gender-based violence. These activities include **workshops, training courses, seminars, cultural and artistic events, and inclusive sports initiatives**, targeting both the university community and the wider local area.

For more information



unife.it/it/ed/aurora